Florida Farmers' Market

NUTRITION PROGRAM

Saint Johns County Seasonal Availability

April

Beets Lettuce
Broccoli Onions
Cabbage Peas
Carrots Radishes
Cauliflower Turnips
Cucumbers Strawberries
Kale

May

Beans Kale **Beets** Lettuce Blueberries Okra Broccoli Onions Cabbage Peas **Potatoes** Carrots Cauliflower Squash Collard Greens Strawberries Cucumbers Watermelon

June

Beans Onions Blueberries Peas Cantaloupes **Peppers** Celery **Potatoes** Corn Squash Cucumbers **Tomatoes** Eggplant **Turnips** Okra Watermelon

July

Beans Okra
Cantaloupes Peas
Com Peppers
Eggplant Potatoes

August

Cucumbers Okra Watermelon

September

Okra Squash Peas Tumips Pumpkins

October

Beans Okra
Cantaloupes Peas
Com Peppers
Eggplant Potatoes

Shop throughout the Farmers Market season for the most variety. Different vegetables and fruits are sold each month!

Arrive early for the best selection of produce. Some growers sell out quickly.

FMNP Farmers Markets

Old City Farmers Market
Saturday 8:30 a.m. – 12:30 p.m.
The St Augustine Amphitheatre
1340C A1A S
St. Augustine, FL 32080
www.theamp.com/community/farmers-market
*Frog Songs Organics

WIC FMNP Instruction

Checks may be redeemed at the market locations listed. **Checks must be redeemed before October 31, 2022**.

Jacksonville Beach Markets

Riverside Arts Market
Saturday 10 a.m. – 3 p.m.
715 Riverside Avenue
Jacksonville, FL 32204
www.riversideavondale.org/ram-home/

Orange Park Market

1st & 3rd Sunday 10 a.m. – 3 p.m.

September – June

Town Hall, 2042 Park Avenue

Orange Park, FL 32073

www.orangeparkmarket.com/

www.facebook.com/OrangeParkMarket/

Atlantic Beach Mid-Week Market Saturday & Wednesday 10 a.m. – 2 p.m. Atlantic Beach City Hall 800 Seminole Rd, Atlantic Beach, FL 32233

Beaches Green Market / Dig Local Saturday & Wednesday 10 a.m. – 2 p.m. 321 Penman Road (Penman Park) Jacksonville, FL 32250 www.diglocal.org/markets/

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