



W.H.A.L.E. CHECK



trafficsafetyteam.org/whale-check-program

W.H.A.L.E. (We Have A Little Emergency) CHECK is a child passenger safety education and identification program for parents and caregivers. In the event of an automobile crash, children are often too young to identify themselves or provide helpful information. Please fill out the form below and adhere it on the back of your child's car seat to provide vital contact information for emergency personnel. Adhere the two smaller whale logos on each side of the car seat. These will alert rescuers that the occupant is participating in W.H.A.L.E. CHECK.

Five Smart Safety Tips to Help Prevent Injuries:

WEAR YOUR SAFETY BELT

Studies show that if you buckle up, your kids will too.

FOLLOW MANUFACTURER'S INSTRUCTIONS

Always check the manual for both your car and the child safety seat for proper installation guidelines.

SEAT STRAPPED IN TIGHT

You should not be able to move the car seat more than one inch in any direction at the belt path, and always use the top tether when forward facing.

CHEST CLIP AT ARMPIT LEVEL & HARNESS SNUG

Straps should be tight enough so that you cannot pinch the fabric of the harness at the shoulders.

THE BACK SEAT IS SAFEST

Children age 13 and under should ride in the back seat. Older children no longer need a special seat if their legs bend comfortably at the seat's edge with their back resting flat against the back of the seat.

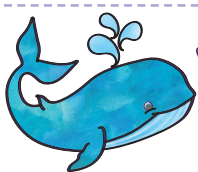
Safeguard Your Child in the Right Car Seat!

Birth - 12 Months: Babies under age 1 should always ride in a rear-facing car seat. There are different types of rear-facing car seats: Infant-only seats can only be used rear-facing. Convertible and 3-in-1 car seats typically have higher height and weight limits for the rear-facing position, allowing you to keep your child rear-facing for a longer period of time.

1 - 3 Years: Toddlers should ride in a rear-facing car seat with a harness as long as possible – until they reach the top height or weight limit of the seat, typically around 35 to 45 pounds.

4 - 7 Years: Young children should ride in a forward-facing car seat with a harness until they reach the seat's top height or weight limit – typically between 40 and 60 pounds.

8 - 12 Years: Children should ride in a belt-positioning booster seat until they are at least 4 feet 9 inches tall. Seat belts fit properly when the lap belt lies snugly across the upper thighs, not the stomach, and the shoulder belt lies snug across the shoulder and chest, not over the neck or face.



W.H.A.L.E. CHECK



child's name: _____

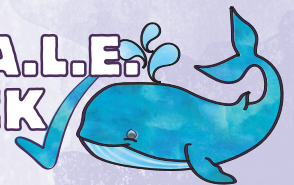
parent/guardian names: _____

phone numbers: _____

emergency contact name: _____

emergency phone number: _____

W.H.A.L.E.
CHECK



W.H.A.L.E.
CHECK



Bringing you home safely

