

Florida Department of Health in St. Johns County

**WIC** (Women, Infants,  
and Children)

# Public Health Nutrition Program



**If you have a child under age 5 or are  
pregnant or breastfeeding,  
join us at**

## **Hastings Community Center Cafeteria**

400 East Harris St, Hastings, FL 32145

**Wednesday, October 9  
9 a.m-4 p.m.**

### **WIC provides the following at no cost:**

- Healthy food.
- Nutrition education and counseling.
- Breastfeeding support.
- Referrals to health care, immunizations, and community services.

**Contact WIC today at  
904-506-6081**

*This institution is an equal  
opportunity provider.*

**Florida  
HEALTH**  
WIC Florida