June 3, 2024

# DOH-St. Johns County to Host Revive Awareness Day Event



Contact: Lana Sample Lana.Sample@FLHealth.gov 904-506-6081

**St. Johns County, Fla.** — The Florida Department of Health in St. Johns County (DOH-St. Johns) invites the public to attend this year's Revive Awareness Day event on **Thursday, June 6, 2024**.

The event will be held from 11 a.m. - 2 p.m. at:

### Florida Department of Health in St. Johns County 200 San Sebastian View St. Augustine, FL 32084

Learn how to spot the signs of an overdose, how to use naloxone to reverse the effects of an overdose, and what resources and programs are available to support individuals with substance use disorder.

## Signs of an Overdose

All Floridians need to know the signs of an overdose, which include:

- Small, constricted "pinpoint pupils"
- Falling asleep or losing consciousness
- Slow, weak, or not breathing
- Choking or gurgling sounds
- Cold or clammy skin
- Discolored skin, especially lips and nails
- Limp body

#### What to Do if You Think Someone is Overdosing

If you suspect someone has overdosed, call 911 immediately.

Administer naloxone (Narcan) if available, lay the person on their side to prevent choking, and try to keep them awake and breathing until emergency assistance arrives.

#### What is Naloxone?

Naloxone (Narcan) is a medication that can reverse the effects of an opioid overdose. Floridians can find naloxone for their community through <u>ISaveFL.com</u> or by calling DOH-St. Johns County at 904-506-6081.

The Florida Department of Health's Helping Emergency Responders Obtain Support (HEROS) program provides naloxone to emergency response agencies throughout the state. Any Florida agency that employs licensed emergency responders may apply to the HEROS program <u>online</u>.

## If You or a Loved One Need Help

The **Coordinated Opioid Recovery (CORE) Network** is the first of its kind in the U.S. and aims to eliminate the stigma of addiction and treat substance use disorder as a disease, with the same level of continuous care. Floridians battling with addiction can utilize CORE for stabilization and to receive medication assisted treatment from a network of specialized medical experts that will help guide them on a sustained pathway to healthy success.

To find help and resources, please visit the CORE Network website.

Spearheaded by First Lady Casey DeSantis, "**The Facts. Your Future.**" **campaign** focuses on supporting students statewide to ensure they receive prevention instruction and encouragement to protect and maintain their health, avoid substance misuse, and discourage risky behaviors so they can thrive and flourish for life. This campaign is an interactive approach to ensure students are informed and can make safe decisions as they grow.

To find more information, please visit "The Facts. Your Future." website.

A <u>public health and safety alert</u> was also deployed by the Florida Department of Health on July 8, 2022, to ensure Floridians remain vigilant of the signs of overdose. <u>Poster materials</u> are available.

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#### About the Florida Department of Health

The Department, nationally accredited by the Public Health Accreditation Board, works to protect, promote, and improve the health of all people in Florida through integrated state, county, and community efforts.

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