

DECEMBER 7, 2022

FLORIDA DEPARTMENT OF HEALTH IN ST. JOHNS COUNTY PROVIDING LIFESAVING NALOXONE TO REDUCE SUBSTANCE ABUSE DEATHS



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ST. AUGUSTINE, Fla. - The Florida Department of Health in Johns County (DOH-St. Johns County) is announcing the availability of free Naloxone (Narcan) Nasal Spray kits. This lifesaving medication could reduce thousands of substance abuse deaths across the state. Naloxone is available to people who use drugs, people with a history of drug use, others at risk of experiencing an overdose, friends, family members, and others who may witness an overdose. Kits consist of two Naloxone nasal sprays that are administered without a health care professional present.

“Making naloxone available to the community through the County Health Department is one more way to the increase access to a life-saving tool in the fight against substance abuse deaths” said Shane Lockwood, Health Officer for DOH-St. Johns County.

Naloxone is a medication that reverses the effects of an opioid overdose, restoring breathing and consciousness within minutes of being administered to a person who has overdosed. Naloxone can be administered by a bystander (non-healthcare professional) before emergency medical assistance becomes available, but it is not intended to substitute for professional medical care. Individuals should call 911 immediately when an opioid overdose is suspected before administering Naloxone.

Persons requesting a kit from DOH-St. Johns County must meet the following eligibility:

- **Must be 18 years old or older**
- Individuals at risk of experiencing an opioid overdose
- Caregivers who may witness an opioid overdose or others likely to experience or witness an opioid overdose.

Naloxone kits can be obtained by individuals meeting the eligibility criteria during normal business hours, Monday through Friday, from 8 a.m. to 5 p.m. from:

- Florida Department of Health in St. Johns County
200 San Sebastian View
St. Augustine, Florida 32084

Naloxone kits are free, and no appointment is necessary. People using Naloxone receive educational material, referrals, and connections for substance abuse intervention.

Increasing access to Naloxone is a critical component in battling the opioid epidemic, especially in rural areas or counties with limited access to health care. Providing Naloxone through county health departments will increase support to individuals across the state dealing with substance use disorder and help prevent overdose deaths in Florida.

The Florida Department of Health is working with the Florida Department of Children and Families through the Overdose Prevention Program, or [iSaveFL](#), which facilitates the distribution of Naloxone

kits to families, friends, and caregivers of those at risk for an opioid overdose. The [iSaveFL](#) website provides information on finding Naloxone in your community and resources on treatment, overdose education, and prevention.

This effort complements the Florida Department of Health's [HEROS](#) (Helping Emergency Responders Obtain Support) program that provides free Naloxone to emergency response agencies.

This initiative is part of the state's response to the overdose crisis. This month, Governor Ron DeSantis launched the [Coordinated Opioid Recovery](#) (CORE) program – the first of its kind in the nation – to provide comprehensive and sustainable care to those affected by substance use disorder.

A public health and safety alert was issued by the Florida Department of Health on July 8, 2022, to ensure Floridians remain vigilant of the signs of overdose. Anyone can access print and digital educational materials to help Floridians identify symptoms of an overdose [here](#). The public health and safety alert is [here](#).

Where is substance use disorder assistance available?

For questions regarding potential overdoses and other drug-related exposures, Florida's Poison Control Centers are a valuable resource to individuals throughout Florida, including emergency personnel. Poison Control Centers are staffed by health care professionals that are specifically trained to treat drug overdoses or assess patients exposed to drugs of abuse. Medical toxicologists are available 24/7 for physician consultations. For poisoning questions or emergencies, call 1-800-222-1222 or visit the website at floridapoissoncontrol.org.

[HEROS](#) (Helping Emergency Responders Obtain Support) is a Florida Department of Health program that provides **free** Naloxone to emergency response agencies. All Florida first responders can request free Naloxone through this program. Since the program's inception in 2018, FDOH has distributed over 455,000 doses to emergency response agencies in Florida through HEROS. More HEROS information is [here](#).

If you or your organization are interested in obtaining or managing Naloxone for the community, please visit [I SAVE FL](#) to find available resources through the Florida Department of Children and Families.

The [Hope for Healing](#) website is a tool for Floridians to access help for mental health and substance abuse. The Hope for Healing initiative focuses on helping Floridians find resources in challenging times through state and local partnerships using evidence-based best practices and addressing the stigma associated with seeking help. The site aggregates federal, state, local, private sector, faith-based, and non-profit resources. Learn more [here](#).

[Hope Florida - A Pathway to Prosperity](#) utilizes 'Care Navigators' to guide Floridians on an individualized path to prosperity. 'Care Navigators' can help individuals identify their unique and immediate barriers to capital, develop long-term goals, and map out a strategic plan, including finding support for those with substance use disorders. The process focuses on community collaboration between the private sector, the faith-based community, nonprofits, and government entities to break down traditional community silos to maximize resources and uncover opportunities. Learn more [here](#).

About the Florida Department of Health

The department, nationally accredited by the [Public Health Accreditation Board](#), works to protect, promote, and improve the health of all people in Florida through integrated state, county, and community efforts.

For more information about the Florida Department of Health in St. Johns County, please call 904-506-6081 or visit <https://StJohns.FloridaHealth.gov>.