

FOR IMMEDIATE RELEASE

SAY 'BOO' TO THE FLU WITH A YEARLY FLU SHOT

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ST. AUGUSTINE, FL - While the change in weather may send chills up your spine, you can take steps to protect yourself from something that will literally give you the chills – and a fever, body aches and potentially pneumonia. Influenza (flu) is a contagious respiratory illness caused by flu viruses which can cause mild to severe illness and, at times, can lead to death. Protect yourself and loved ones by saying “*Boo to the Flu*” through receiving a yearly flu vaccine and by practicing healthy habits.

The Florida Department of Health encourages all Floridians older than six months to get their vaccinations before Halloween. While Florida’s flu season peaks in the early months of the new year, early vaccination provides protection during the busy time of year when many gatherings occur for seasonal celebrations and family events.

The Florida Department of Health in St. Johns County is providing a free pediatric “*Boo to the Flu*” immunizations clinic. This clinic is intended for infants and children from six months to 18 years of age. There is no cost for this walk-in clinic. Service will be provided on a first come, first served basis while supplies last. All children must be accompanied by a parent or legal guardian with a valid form of identification.

Event location and hours: Florida Department of Health in St. Johns County
200 San Sebastian View, The Osprey Conference Room
St. Augustine, Florida 32084
Wednesday, October 26th, 2022 - 2:00 p.m. to 6:00pm
First come, first served, while supplies last.

In addition to an annual flu shot, the community is reminded of the importance of healthy habits and behaviors that prevent the spread of illness such as proper handwashing, frequent cleaning of high-touch surfaces, and staying home when sick.

Residents and visitors are encouraged to check with their health care provider for their personal vaccine needs. Vaccine is widely available in the community. To locate vaccine providers such as local pharmacies and retail outlets, residents and visitors are encouraged to utilize the “Flu Shot Locator” accessible via the following Department webpage: www.FloridaHealth.gov/programs-and-services/prevention/flu-prevention/locate-a-flu-shot.html

Information about influenza, including flu facts, reports and publications, and health education resources, is accessible through the following website: www.FluFreeFlorida.com Vaccine providers can also be located through the following website: www.Vaccine.gov

For information about the programs and services provided by the Florida Department of Health in St. Johns County, please call 904-506-6081 or visit the following website: <https://StJohns.FloridaHealth.gov>

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About the Florida Department of Health - The department, nationally accredited by the Public Health Accreditation Board, works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts. Follow us on Facebook, Instagram and Twitter at @HealthyFla. For more information about the Florida Department of Health please visit www.FloridaHealth.gov.